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	 Objective	 Results	 Participant Profile	 Group / Individual	One-on-One Coaching	Workshops	Assessments	Individual Action Plan	Hands-On Learning	Common Agreements
Women in Leadership	Create a more inclusive culture and accelerate women's careers	Improved personal effectiveness, business acumen and corporate visibility, resulting in higher engagement, advancement and retention	High potential women and their managers	Group						
Executive Coaching	Enhance effectiveness of executive-level leaders for the purpose of either development or remediation	Improved self-awareness and communication skills, identification and remediation of potentially derailing skills and behaviors, heightened overall effectiveness	Executives, those slated to move to a future executive role and their managers, when applicable	Individual						
High IMPACT Coaching	Grow a pipeline of next-gen leaders through coaching on key competencies	Enhanced talent pipeline, improved engagement, competency development and increased business returns	Rising leaders, high potentials and key talent, in addition to their managers	Group OR Individual						
High IMPACT Start	Enable new leaders to take a strategic approach into their first 100 days	Increased retention, reduced time to acclimate, enhanced stakeholder relationships, strong foundation for future success	Executives, relocating managers, new hires	Group OR Individual						
High IMPACT Teams	Enhance collaboration and team performance at any level Ideal for executive retreats	Improved awareness of self and others, enhanced intra-office communication, increased trust, reduced conflict and fully integrated new team members	Executive teams, management teams, teams of individual contributors and departments or cross-functional teams	Group OR Individual						
High IMPACT Leadership	Enable leaders to create a coaching culture where managers engage and motivate employees	Enhanced employee engagement, productivity and retention	Managers, rising leaders and team leads	Group						
Multicultural Team EQ®	Enhance collaboration, communication and team dynamics in global teams	Enhanced cross-cultural understanding and team dynamics	Managers with team members from diverse, global cultures	Group						
Wraparound Coaching	To boost the effectiveness of your existing, content-rich leadership programs	Adding 1:Me coaching increases accountability and adoption of new skills / behaviors	Those enrolled in development programs, including LMS modules on leadership	Group OR Individual						

 Key Program Component

 Optional Program Component

Assessment tools vary based on the purpose and needs of each tailored program.

Tools Include: Birkman Method® Assessment, 360° Assessment, MBTI, eCareerFit and Social and Emotional Intelligence Profile



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